



Cougar Café


Break and Lunch Menu

OCTOBER 2024

	Monday	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Break		Nachos Funnel Cake Fries	Biscuits and Gravy Cinnamon Rolls	Nachos Cheese Sticks	Breakfast Cassarole Breakfast Tornado
<i>the</i> Classics		Chef's Special Grilled Chicken with Spanish Rice and Cheese	Philly Steak Loaded Fries Cobbler	Roast Rice w/Gravy roll	Ham & Cheese Squares Mac & Cheese Peas
 PB&J available daily		Fish Sandwich Fruit/Fruit Snack Chips Dessert	Hotdog Fruit/Fruit Snack Chips Dessert	Corn Dog Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Wrap Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)		Cheese Pizza	Spicy Chicken Sandwich	Chicken Nuggets	Grill Chicken Sandwich
GRILLE ETC		Cheddar Poppers Loaded Potato Skins Chips	Cowboy Corn Nuggets Mini Corn Dogs Spicy Fries	Homemade Chips Turkey & Bacon Wrap Chips	Chicken Bacon Ranch Wrap Strawberry Pie Fries
	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Break			Sausage Biscuit Hashbrowns	Nachos Cheese Sticks	Biscuits & Gravy Pancakes
<i>the</i> Classics			Chicken Nuggets Cheesy Mashed Potatoes Lima Beans	Popcorn Shrimp Fried Okra Hushpuppies	Little Caesars Chips
 PB&J available daily			Hamburger Fruit /Fruit Snack Chips Dessert	Pizza Stick Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit snack Chips Dessert
Combo Feature (1st grade up)			Grilled Chicken Sandwich	Hot Dog	Hamburger
GRILLE ETC	FALL BREAK	FALL BREAK	Cheese Curds Crispitos Spicy Fries	Onion Straws Turkey & Bacon Wrap Chips	BBQ Wings Jalapeno Poppers Uncrustables PBJ Chips

	Monday	Tuesday	Wednesday	Thursday	Friday
	14	15	16	17	18
Break	Ham & Cheese Puff Funnel Cake Fries	Nachos Pancake/Sausage on Stick	Biscuit & Gravy Cinnamon Rolls	Nachos French Toast Sticks	Sausage Biscuit Donut Holes
<i>the</i> Classics	Poppy Seed Chicken Crack Green Beans Roll	Crispitos Spanish Rice w/ Cheese	Chicken Tenders Ranch Potatoes Roll	Spaghetti Fried Squash Garlic Bread	Frito Chili Pie Cobbler
 PB&J available daily	Pizza Stick Fruit/Fruit Snack Cheese Puffs Dessert	Hamburger Fruit/Fruit Snack Lay's Plain Dessert	Corn Dog Fruit/Fruit Snack Cheezits Dessert	Hot Dog Fruit/Fruit Snack BBQ Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit Snack Nacho Cheese Doritos Dessert
Combo Feature (1st grade up)	Corn Dog	Cheese Pizza	Spicy Chicken Sandwich	Cheeseburger	Chicken Nuggets
GRILLE ETC	Cheese Curds Pulled Pork Sandwich Fries	Southwest Egg Roll Meatball Sub Chips	Chicken Salad Croissant Homemade Chips Chips	Pizza Stick Potato Skins Turkey Bacon Ranch Wrap Chips	BBQ Wings Uncrustable PBJ Spicy Fries

	Monday	Tuesday	Wednesday	Thursday	Friday
	21	22	23	24	25
Break	Chicken Biscuit Hashbrowns	Nachos Cheese Sticks	Biscuits & Gravy French Toast Sticks	Nachos Ham & Cheese Omelet	Ham & Cheese Croissant pancake/sausage on stick
<i>the</i> Classics	Beef Tips & Gravy Rice Corn Nuggets	Taco Salad Corn	Tenders w/ White Gravy Fries Toast	Chicken or Shrimp Hibatchi Fried Rice Veggies (optional)	Little Caesars Chips
 PB&J available daily	Ham & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Breaded Chicken Sandwich Fruit/Fruit Snack Chips Dessert	Hamburger Fruit/Fruit Snack Chips Dessert	Fish Sandwich Fruit/Fruit Snack Chips Dessert	Ham & Cheese Sandwich Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)	Chicken Tenders	Cheese Pizza Square	Hotdog	Spicy Chicken Sandwich	Corn Dog
GRILLE ETC	Onion Tangles Ham & Cheese Sub Chips	Grilled Chicken Wrap Apple Pie Rolls Fried Dill Pickles Fries	Potato Skins Chicken Crispitos Tots	Corn Nuggets Turkey & Bacon Wrap Chip	BBQ Wings Chipotle Chicken Wrap Chips

	Monday 28	Tuesday 29	Wednesday 30	Thursday 31
Break	Ham & Cheese Croissant Tater Kegs	Nachos Funnel Cake Fries	Biscuits & Gravy French Toast Sticks	Nachos Ham & Cheese Omelet
<i>the</i> Classics	Chicken Alfredo Broccoli Bread Stick	Beef Fajita soft taco Spanish Rice w/Cheese veggies optional	Country Fried Steak Mashed Potatoes Lima Beans	Chicken Parm Patoato Cassarole Roll
 PB&J available daily	Turkey & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Hot Dog Fruit/Fruit Snack Chips Dessert	Grilled Cheese Fruit/Fruit Snack Chips Dessert	Hamburger Fruit/Fruit Snack Chips Dessert
GRILLE ETC Combo Feature (1st & UP)	Chicken Nuggets Pretzel SW Eggroll Fries	Grill Chicken Sandwich CBR Wrap Onion Tangles Chips	Corn Dog BBQ Wings Chipotle Chicken Wrap Fries	Hot Dog Pepperoni Pizza Homemade Chips Chips
Menu items are subject to change due to availability				

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
Pre-prepared tossed salad with diced ham, shedded Cheese, Grape Tomato & croutons. Ranch Dressing. Grades 1-3
Salad Bar and Baked Potato - Grades 4th and up please.

Pricing

	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$5.50	\$6.00	\$6.00	Classic Entrée, 2 Sides and Drink
Grille Feature		\$6.00	\$6.00	Grille Comb: Entrée, Potato/Chip w/Drink
Lunch Bucket	\$5.50	\$6.00	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte				Grille Etc. Priced Individually