

Cougar Café Break and Lunch Menu



	Monday	Tuesday	Wednesday 2	Thursday 3	Friday 4
		Nachos	Breakfast Cassarole	Nachos	Biscuits & Gravy
Break		Cinnamon Rolls	Hashbrowns	Cheese Sticks	Breakfast Tornado
the_		Beef Burito	Chicken Tenders w/W. Gravy	Roast	Little Caesars
Classics		Spanish Rice w/Cheese	Fries	Rice & Gravy	Chips
Classics			Toast	Cornbread	
Cougas		Hamburger	Pizza Stick	Turkey & Cheese Wrap	Grilled Cheese
		Fruit/Fruit Snack	Fruit/ Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack
<u> </u>		Chips	Chips	Chips	Chips
PB&J available daily		Dessert	Dessert	Dessert	Dessert
Combo Feature (1st grade up)		Meatball Sub	Mini Corndogs	Sausage Dog	Burger
		SW Eggroll	Grill Chicken Wrap	Chicken Tornado	BBQ Wings
ETC		Chicken Chipotle Wrap	Turkey BLT Croissant	Ham & Cheese Sub	PB&J
Deli selection					
Potato du jour		Fries	Chips	Tots	Fries
	Monday	Tuesday	Wednesday	Thursday	Friday
	7	8	9	10	11
Break	Ham & Cheese Croissants	Nachos	Bacon Biscuiit	Nacho	Ham & Cheese Puff
	Egg Omlet	French Toast Sticks	Cinnamon Rolls	Danish	Funnel Cake Fries
the_	Ham	Chicken Crispitos	Chicken Parm	Poppyseed Chicken	Fried Fish
Classics	Mac & Cheese	Spanish Rice	Sweet Potato Cassarole	Crack Green Beans	Fries
Classics	Veggie & Cobbler		Roll	Fried Squash	Hushpuppies
Cougas	Pizza Stick	Fried Chicken Sandwich	Corn Dog	Turkey & Cheese Sandwich	Ham & Cheese Wrap
Cante C	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack
ማስተ©∽ PB&J available daily	Chips Dessert	Chips Dessert	Chips Dessert	Chips Dessert	Chips Dessert
i box available daily	Desseit	Dessert	Dessert	DC33C1 t	Dessert
Combo Feature (1st grade up)	Pulled Pork Sandwich	Cheese Pizza	Cheeseburger	Grilled Chicken Sandwich	Sausage Dog
	Steak & Cheese tornado Fried Raviolli	Mini Chicken Tacos	Fried Pickles	Meatball Sub Ham & Cheese Sub	BBQ Wings PB&J
ETC Deli selection	rried Kaviolii	BBQ Rib Sandwich	Homemade Chips	παιτι α Crieese Sub	rdαJ
Potato du jour	Chips	Spicy Fries	Chips	Fries	Chips

	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday
Break	Cheesy Grits/Sausage	Nachos	Eggs, Sausage & Biscuit	Nacho	
	Danish	Cheese Sticks	Pancakes	Donut Hole	
4/					
the_	Spaghetti	Beef Fajatas	Popcorn Chicken	School Dismissed at 11:30	
Classics	Fried Okra	Spanish Rice w/Cheese	Potato Casserole	N	
	Roll	Veggies(optional)	Green Beans		
Conada>	Hot Dog	Corn Dog	Fish Sandwich		
Cante &	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack		
- 00 U @	Chips	Chips	Chips		
PB&J available daily	Dessert	Dessert	Dessert	The same	
Combo Feature (1st grade up)	Cheese Pizza	Chicken Nuggets	Hamburger		
	Turkey BLT	BBQ Wings	Chicken Chipotle Wrap		
ETC	Fried Raviolli	Mozzarella Sticks	Cheese Nachos		
Deli selection				BA Prom!!!	Good Friday
Potato du jour	Chips	Fries	Chips		

	Monday	Tuesday	Wednesday	Thursday	Friday
	21	22	23	24	25
Break	m .	Nachos	Bacon Biscuit	Nachos	Ham & Cheese Croissants
Dieak		Funnel Cake Fries	Cinnnamon Rolls	Cheese Sticks	Pancake on a stick
the_	57/100	Taco Salad	Chicken Strips	Country Fried Steak	Chef Choice
Ĉlassics		Corn	Macaroni and Cheese	Mash Potato w/Gravy	
0.0.00.00				Roll	
Conda [®]		Pizza Stick	Hamburger	Corn Dog	Turkey & Cheese Sandwich
Canta C		Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack
300 J @		Chips	Chips	Chips	Chips
PB&J available daily		Dessert	Dessert	Dessert	Dessert
Combo Feature (1st grade up)		Hot Dog	Spicy Chicken Sandwich	Chicken Nuggets	Sausage Dog
		Fried Pickle Spears	Ham & Cheese Wrap	Mini Chicken Tacos	BBQ Wings
ETC Deli selection	Easter Break	Egg Rolls	Chicken Crispitos	Fried Pickles	Uncrustables PBJ
Potato du jour		Crinkle Cut Fries	Curly Fries	Chips	Chips

	Monday 28	Tuesday 29	Wednesday 30	Thursday	Friday
Break	Breakfast Casserole Waffles	Nachos Funnel Cake Fries	Biscuit/Gravy Cinnnamon Rolls		
the- Classics	Mini Corn Dogs Macaroni and Cheese Veggies	Chicken Tacos Spanish Rice	Chef Choice Chef Choice Chef Choice		
じ [®] 型の で用する PB&J available daily	Ham & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Pizza Stick Fruit/Fruit Snack Chips Dessert	Hamburger Fruit/Fruit Snack Chips Dessert		
Combo Feature (1st grade up)	Chicken Tenders	Cheese Pizza	Chicken Sandwich		
GRILLE ETC Deli selection	Tornado Meatball Sub	Chicken Salad Croissant Onion Straws	Line Choice Line Choice		
Potato du jour	Chips	Curly Fries	Chips		

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.

Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée

Pre-prepared tossed salad with shedded Cheese, Bacon Bits & Croutons. Ranch Dressing. Grades 1-3

Salad Bar and Baked Potato - Grades 4th and up please.

Menu Items subject to change due to availability

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	Kindergarten	1st-6th	7th-12th	INCLUDES:	
Hot Lunch	\$5.50	\$6.00	\$6.00	Classic Entrée, 2 Sides and Drink	
Grille Feature		\$6.00	\$6.00	Grille Combo Feature: Entrée, Potato du jour (or chips) Drink	
Lunch Bucket	\$5.50	\$6.00	-	Entrée, Chip, Fruit, Snack & Drink	
A La Carte			Grille Etc. Priced Individually		