



Cougar Café

Break and Lunch Menu

September 2026

	Monday	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Break		Nachos Cheese Sticks	Biscuit & Gravy Pancakes	Nachos Tater Kegs	Ham & Cheese Croissant Danish
<i>the—</i> Classics		Beef Soft Taco Spanish Rice W/ Cheese	Grilled Chicken Strips Loaded Potato Cassarole Roll	Hibatchi Chicken/Shrimp Fried Rice Veggies (optional)	Lasagna Broccolli Garlic Bread
 PB&J available daily		Hamburger Fruit/Fruit Snack Chips Dessert	Fish Sandwich Fruit/Fruit Snack Chips Dessert	Hotdog Fruit/Fruit Snack Chips Dessert	Ham & Cheese Sandwich Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)		Fried Chicken Sandwich	Pizza Stick	Cheese Pizza	Cheeseburger
GRILLE ETC		Egg Roll	Firecracker Strawberry Pie	Mini Taco Turkey Bacon Ranch Wrap	Chicken Tornado
		Spicy Fries	Chips	Chips	Fries
	Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Break		Nachos Egg/Cheese Omlet	Breakfast Casserole French Toast Sticks	Nachos Cheese Sticks	Ham & Cheese Puff Donut Holes
<i>the—</i> Classics	HAPPY	"Chef's Special" Grilled Chicken over Rice w/Queso	Chicken Nuggets Mac & Cheese Veggie	Spaghetti Fried Squash Roll	Little Caesars Chips
 PB&J available daily	LABOR	Fried Chicken Sandwich Fruit/Fruit Snack Chips Dessert	Ham & Cheese Sand. Fruit/Fruit Snack Chips Dessert	Fish Sandwich Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Wrap Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)	DAY	Tenders	Griled Chicken Sandwich	Spicy Chicken Sandwich	Sausage Dogs
GRILLE ETC Potato du jour		Jalepeno Cheddar Poppers	Cowboy Corn Nuggets Ham & Cheese Wrap	Pretzel Bites	BBQ Wings PBJ
		Tots	Chips	Spicy Fries	Chips
	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Break	Cheesy Grits & Sausage Danish	Nachos Funnel Cake Fries	Sausage Biscuit Cinnamon Rolls	Nachos Cheese Toast	Ham & Cheese Croissants Waffle
<i>the—</i> Classics	Chicken Alfredo Corn Roll	Crispitos Spanish Rice	Cheesy Chicken & Rice Broccoli	Philly Steak Sandwich Tots	Burger Sidewinder Fries
	Pizza Stick Fruit/Fruit Snack Chips	Grilled Chicken Sandwich Fruit/Fruit Snack Chips	Corn Dog Fruit/Fruit Snack Chips	Hot Dog Fruit/Fruit Snack Chips	Turkey & Cheese Sandwich Fruit/Fruit Snack Chips

PB&J available daily	Dessert	Dessert	Dessert	Dessert	Dessert
Combo Feature (1st grade up)	Spicy Chicken Sandwich	Burger	Pulled Pork Sandwich	Chicken Fries	Meatball Sub
GRILLE ETC Deli selection	Cheese Curds	Southwest Egg Roll	Pickle Fries	Turkey Bacon Ranch Wrap	Cheese Pizza
	Ham & Cheese Croissant			Firecracker	Chips w/ Queso
	Chips	Fries	Collosal Fries	Chips	Chips
	Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
Break	Beignets Hashbrowns	Nachos Cheese Sticks	Biscuits & Gravy French Toast Sticks	Nachos Breakfast nugget	Hashbrown Cassarole Waffle
the Classics	Roast Rice W/gravy Broccoli	Taco Salad Corn	Popcorn Chicken Tater Tots Green Beans	Country Fried Steak Mashed Potatoes Corn	Little Caesars Chips
Cougar Canteen PB&J available daily	Ham & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Breaded Chicken Sandwich Fruit/Fruit Snack Chips Dessert	Hamburger Fruit/Fruit Snack Chips Dessert	Fish Sandwich Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)	Hot Dog	Cheese Pizza Square	Pizza Stick	Spicy Chicken Sandwich	Sausage Dog
GRILLE ETC Deli selection	Grilled Chicken Wrap	SW Egg Roll	Potato Skins	Fried Pickle Spears	Wings
	Chips	Fries	Turkey & Cheese Croissant	Fries	Club Sub
	Monday 28	Tuesday 29	Chips		Chips
Break	Chicken Biscuit Breakfast Pizza	Nacho Breakfast Tornado			
the Classics	Chicken & Dumplings Crack Green Beans Roll	Chef Special Rice W/ Cheese			
Cougar Canteen PB&J available daily	Corn Dog Fruit/Fruit Snack Chips Dessert	Burger Fruit/Fruit Snack Chips Dessert			
Combo Feature (1st grade up)	Mini Corndogs	Chicken Nuggets			
GRILLE ETC Deli selection	Chicken Salad Croissant	Turkey Bacon Ranch wrap			
	Crawfish Kickers				
	Chips	Fries			
Everyday Options					
Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.					
Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée					
Pre-prepared tossed salad with diced ham, shedded Cheese, Grape Tomato & croutons. Ranch Dressing. Grades 1-3					
Salad Bar and Baked Potato - Grades 4th and up please.					

Pricing				
	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$5.50	\$6.00	\$6.00	Classic Entrée, 2 Sides and Drink
Grille Feature		\$6.00	\$6.00	Grille Comb: Entrée, Potato/Chip w/Drink
Lunch Bucket	\$5.50	\$6.00	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte				Grille Etc. Priced Individually

Menu Items are subject to change due to supply