



Cougar Café

Break and Lunch Menu

OCTOBER 2026

	Monday	Tuesday	Wednesday	Thursday 1	Friday 2
Break			Cheesy Grits & Sausage Cinnamon Rolls	Nachos Cheese Sticks	Breakfast Cassarole Breakfast Tornado
<i>the—</i> Classics			Pizza Pasta Bake Veggie Roll	Teriyaki Chicken Fried Rice Veggies	Grill Chicken tenders Mac & Cheese Peas
 PB&J available daily			Hotdog Fruit/Fruit Snack Chips Dessert	Pizza Tornado Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Wrap Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)			Grill Chicken Sandwich	Cheese Pizza	Spicy Chicken Sandwich
GRILLE ETC			Cowboy Corn Nuggets Spicy Fries	Homemade Chips Turkey & Bacon Wrap Chips	Chicken Bacon Ranch Wrap Strawberry Pie Chips
	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Break			Beignets Hashbrowns	Nachos Breakfast Pizza	Biscuits & Gravy Pancakes
<i>the—</i> Classics			Ravioli w/sauce Green beans Cobbler	Popcorn Shrimp Fried Okra Hushpuppies	Little Caesars Chips
 PB&J available daily			Hamburger Fruit /Fruit Snack Chips Dessert	Pizza Stick Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit snack Chips Dessert
Combo Feature (1st grade up)			Grilled Chicken Sandwich	Hot Dog	Chicken Skewers
GRILLE ETC Deli selection Potato du jour	FALL BREAK	FALL BREAK	Cheese Curds Spicy Fries	Jalapeno Poppers Turkey & Bacon Wrap Chips	BBQ Wings Uncrustables PBJ Chips

	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Break	Ham & Cheese Puff Funnel Cake Fries	Nachos Pancake/Sausage on Stick	Sausage, Egg & Cheese Biscuit Cinnamon Rolls	Nachos French Toast Sticks	Sausage Biscuit Donut Holes
<i>the—</i> Classics	Poppy Seed Chicken Crack Green Beans Roll	Beef Fajitas Spanish Rice w/ Cheese Veggies (optional)	Chicken Tenders Ranch Potatoes Roll	Spaghetti Fried Squash Garlic Bread	Frito Chili Pie Cobbler
 PB&J available daily	Pizza Stick Fruit/Fruit Snack Cheese Puffs Dessert	Hamburger Fruit/Fruit Snack Lay's Plain Dessert	Corn Dog Fruit/Fruit Snack Cheezits Dessert	Hot Dog Fruit/Fruit Snack BBQ Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit Snack Nacho Cheese Doritos Dessert
Combo Feature (1st grade up)	Sausage Dog	Cheese Pizza	Pulled Pork Sandwich	Chicken Nuggets	Cheeseburger
GRILLE ETC Deli selection Potato du jour	Cheese Curds Fries	Southwest Egg Roll Meatball Sub Chips	Chicken Salad Croissant Homemade Chips Chips	Potato Skins Spicy Fries	BBQ Wings Uncrustable PBJ Chips
	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Break	Chicken Biscuit Hashbrowns	Nachos Cheese Sticks	Biscuit & Gravy Breakfast Tornado	Nachos Ham & Cheese Omelet	Junior Class Break Only
<i>the—</i> Classics	Chicken Alfredo Green Beans Bread Stick	Taco Salad Corn	Cheesy Chicken and Rice Broccoli Roll	Philly Steak w/ Cheese Steak Fries	Homecoming Dismiss @ 11:30
 PB&J available daily	Ham & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Breaded Chicken Sandwich Fruit/Fruit Snack Chips Dessert	Hamburger Fruit/Fruit Snack Chips Dessert	Fish Sandwich Fruit/Fruit Snack Chips Dessert	Homecoming Dismiss @ 11:30
Combo Feature (1st grade up)	Chicken Tenders	Cheese Pizza Square	Hotdog	Spicy Chicken Sandwich	
GRILLE ETC Deli selection Potato du jour	Onion Tanglers Roast Beef Sub Chips	Grilled Chicken Wrap Apple Pie Fries	Pickle Spears Tots	Corn Nuggets Turkey & Bacon Wrap Chip	Homecoming Dismiss @ 11:30
	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Break	Ham Cheese Puff Tater Kegs	Nachos Funnel Cake Fries	Full Breakfast French Toast Sticks	Nachos Ham & Cheese Omelet	Beignets Cheese Sticks
<i>the—</i> Classics	Rotel Pasta Broccoli Bread Stick	Chef Special (P5) Chicken Spanish Rice w/Cheese veggies optional	Country Fried Steak Mashed Potatoes Lima Beans	Chef Choice Fried Okra Roll	Little Caesars Chips
 PB&J available daily	Turkey & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Hot Dog Fruit/Fruit Snack Chips Dessert	Grilled Cheese Fruit/Fruit Snack Chips Dessert	Hamburger Fruit/Fruit Snack Chips Dessert	Pizza Stick Fruit/Fruit Snack Chips Dessert
GRILLE ETC Combo Feature (1st & UP)	Chicken Nuggets Pretzel	Grill Chicken Sandwich CBR Wrap Onion Tanglers	Corn Dog Chipotle Chicken Wrap Line Choice	Hot Dog Pepperoni Pizza Line Choice	Sausage Dog Wings Uncrustable

Potato du jour/Deli Selection	Chips	Waffle Fries	Fries	Chips	Chips
Menu items are subject to change due to availability					

Everyday Options					
Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water. Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée Pre-prepared tossed salad with diced ham, shredded Cheese, Grape Tomato & croutons. Ranch Dressing. Grades 1-3 Salad Bar and Baked Potato - Grades 4th and up please.					

Pricing				
	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$5.50	\$6.00	\$6.00	Classic Entrée, 2 Sides and Drink
Grille Feature		\$6.00	\$6.00	Grille Comb: Entrée, Potato/Chip w/Drink
Lunch Bucket	\$5.50	\$6.00	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte	Grille Etc. Priced Individually			