





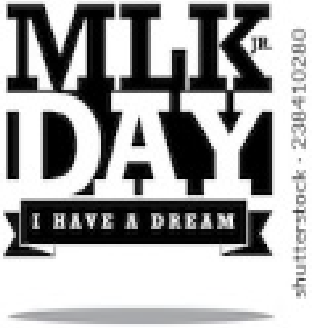


Cougar Café

Break and Lunch Menu

JANUARY 2024

	Monday	Tuesday	Wednesday 3	Thursday 4	Friday 5
Break			Ham & Cheese Croissants Funnel Cake Fries	Nachos Cinnamon Rolls	Sausage & Grits Danish
<i>the—</i> Classics			Manwich Fries	Poppy Seed Chicken Crack Green Beans Roll	Little Caesar's Pizza Chips
 PB&J available daily			Fried Chicken Sandwich Fruit/Fruit Snack Chips Dessert	Ham & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)			Cheese Pizza Square	Chicken Tenders	Hot Dog
GRILLE ETC Deli selection Potato du jour			Fried Ravioli Homemade Chips Turkey BLT Chips	Giant Soft Pretzel w/Cheese Ham & Cheese Wrap Chips	Mozzarella Sticks BBQ Wings Uncrustables PBJ Tots
	8	9	10	11	12
Break	Biscuit & Gravy French Toast Sticks	Nachos Funnel Cake Fries	Sausage Biscuit Breakfast Bagel	Nachos Donuts	Ham & Cheese Puff Cheese sticks
<i>the—</i> Classics	Country Fried Steak Cheesy Mashed Potatoes Corn	Crispitos Mexican Rice	Grilled Chicken Tenders Sweet Potato Cassarole Lima Beans	Philly Cheesesteak Sand Loaded Steak Fries	Hamburgers Spicy Curly Fries
 PB&J available daily	Breaded Chicken Sandwich Fruit/Fruit Snack Chips Dessert	Hot Dog Fruit/Fruit Snack Chips Dessert	Pizza Stick Fruit/Fruit Snack Chips Dessert	Corn Dog Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)	Cheese Pizza Square	Chicken Nuggets	Chicken Sandwich	Chicken Tenders	Hotdog
GRILLE ETC Deli selection Potato du jour	Meatball Sub Soft Pretzel Seasoned Fries	Chicken Chipotle Wrap Pizza Stick Mac & Cheese Bites Fries	Egg Roll Cheese Sticks Chicken Salad Croissant Chips	Pulled Pork Sandwich Ham & Cheese Wrap Chips	Chicken Crispito Strawberry Cream Puff Crawfish Pie Collasal Fries

Happy
New year!

	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19
Break		Nachos Ham & Cheese Puff	Sausage Biscuit Cinnamon Rolls	Nachos Omlot	Bisuit & Gravy Pancakes
<i>the—</i> Classics		Taco Salad Corn	Chicken Fries Loaded Potatoes Green Beans	Hamburger Steaks Mashed Potatoes Lima Beans	Ham & Cheese Squares Mac & Cheese Cobbler
 PB&J available daily		Pizza Stick Fruit Snack Chips Dessert	Grilled Chicken Sandwich Fruit/Fruit Snack Chips Dessert	Fish Sandwich Fruit/Fruit Snack Chips Dessert	Hamburger Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)		Cheese Pizza	Hamburger	Fried Chicken Sandwich	Chicken Nuggets
GRILLE ETC Deli selection Potato du jour		Buffalo Wings Mozzarella Sticks Turkey Bacon Ranch Sub Chips	Chicken Chipotle Wrap Chili Cheese Nachos Fried Ravioli Chips	Fried Pickle Spears Chicken Crispito Turkey & Bacon Wrap Crinkle Fries	Corn Dog Pizza Stick Chicken Salad Crossaint Chips
	22	23	24	25	26
Break	Biscuit & Gravy Egg Tornado	Nachos Funnel Cake Fries	Bacon Biscuit Cinnamon Rolls	Nachos Cheese Sticks	Breakfast Pizza Pancake on a stick
<i>the—</i> Classics	Chicken & Dumplings English Peas Roll	Chef Special Rice w/ cheese	Frito Chili Pie Corn Cornbread	Popcorn Shrimp Fries Hushpuppies	Little Caesars Pizza Chips
 PB&J available daily	Ham & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Pizza Stick Fruit/Fruit Snack Chips Dessert	Hamburger Fruit/Fruit Snack Chips Dessert	Corn Dog Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)	Chicken Tenders	Corn Dog	Philly Cheese Steak	Chicken Nuggets	Hamburger
GRILLE ETC Deli selection Potato du jour	Pizza Stick Ham & Cheese Sub Crinkle Fries	Turkey Cheese Wrap Egg Roll PB&J Tots	Ham & Cheese Wrap Chicken Crispitos Giant Soft Pretzel Chips	Fried Ravioli Chicken Salad Croissant Seasoned Fries	Pizza Stick Fried Pickels Chips

Menu items are subject to change due to availability

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
 Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
 Pre-prepared tossed salad with bacon bits, shredded cheese, & croutons. Salad Dressing. Grades 1-3
 Salad Bar and Baked Potato – Grades 4th and up please.

Pricing

	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$5.00	\$5.50	\$5.50	Classic Entrée, 2 Sides and Drink
Grille Feature		\$5.50	\$5.50	Grille Combo Feature: Entrée, Potato du jour (or chips) Drink
Lunch Bucket	\$5.00	\$5.50	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte	Grille Etc. Priced Individually			