



Cougar Café

Break and Lunch Menu

JANUARY 2023

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Break	Cheesy Grits Pancakes	Nachos Donut Holes	Ham & Cheese Croissants Funnel Cake Fries	Nachos Cinnamon Rolls	Sausage & Grits Cheese Toast
<i>the</i> Classics	Grilled Chicken Ranch Potatoes Baked Beans	Mini Taco Rice w/ Cheese Corn	Spaghetti Fried Okra Garlic Bread	Poppy Seed Chicken Crack Green Beans Roll	Little Caesar's Pizza Chips
 PB&J available daily	Hot Dog Fruit Goldfish Nutty Buddy	Pizza Stick Fruit Snack BBQ Chips Teddy Grahams	Fried Chicken Sandwich Fruit Nacho Cheese Doritos Oatmeal Crème Pie	Ham & Cheese Wrap Fruit Snack Puffy Cheetos Choc Chip Cookies	Turkey & Cheese Sandwich Fruit Roll Up Regular Lays Oreos
Combo Feature (1st grade up)	Chicken Nuggets	Spicy Chicken Sandwich	Cheese Pizza Square	Chicken Tenders	Hot Dog
GRILLE ETC Deli selection Potato du jour	Crawfish Pie Rib Sandwich Potato Skins Chips	Egg Roll Pizza Stick Fries	Fried Ravioli Meatball Sub Turkey BLT Homemade Chips	Pizza Stick Giant Soft Pretzel w/Cheese Ham & Cheese Wrap Chips	Mozzarella Sticks BBQ Wings Uncrustables PBJ Tots
	9	10	11	12	13
Break	Biscuit & Gravy French Toast Sticks	Nachos Funnel Cake Fries	Sausage Biscuit Breakfast Bagel	Nachos Donuts	Ham & Cheese Puff Cheese sticks
<i>the</i> Classics	Country Fried Steak Cheesy Mashed Potatoes Corn	Crispitos Mexican Rice	Chicken Tenders Mashed Potatoes Lima Beans	Philly Cheesesteak Sand Loaded Steak Fries	Hamburgers Spicy Curly Fries
 PB&J available daily	Breaded Chicken Sandwich Fruit Reg Lays Animal Crackers	Hot Dog Fruit Snack BBQ Chips Fudge Round	Pizza Stick Fruit Puff Cheetos Mini Rice Krispy	Corn Dog Fruit Snack Cheez-its Oatmeal Cream Pie	Turkey & Cheese Sandwich Fruit Roll-Up Goldfish Chocolate Chip Cookie
Combo Feature (1st grade up)	Cheese Pizza Square	Chicken Nuggets	Chicken Sandwich	Chicken Tenders	Hotdog
GRILLE ETC Deli selection Potato du jour	Breaded Chicken Sandwich Meatball Sub Soft Pretzel Seasoned Fries	Chicken Chipotle Wrap Pizza Stick Mac & Cheese Bites Fries	Egg Roll Cheese Sticks Chicken Salad Croissant Chips	Pulled Pork Sandwich Giant Soft Pretzel Ham & Cheese Wrap Chips	Chicken Crispito Pulled Pork Nachos Crawfish Pie Chips

	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Break		Nachos Ham & Cheese Puff	Sausage Biscuit Cinnamon Rolls	Nachos Cheese Sticks	Bisuit & Gravy Pancakes
<i>the</i> Classics		Taco Salad Corn	Chicken Fries Mac N Cheese Green Beans	Hamburger Steaks Mashed Potatoes Lima Beans	Spaghetti Squash Garlic Bread
 PB&J available daily		Pizza Stick Fruit Snack Cheetos Oreo Cookies	Grilled Chicken Sandwich Fruit Cheddar Goldfish Mini Rice Krispy	Fish Sandwich Fruit Nacho Doritos Nutty Buddy	Hamburger Fruit Nacho Doritos Fudge Round
Combo Feature (1st grade up)		Cheese Pizza	Hamburger	Fried Chicken Sandwich	Chicken Nuggets
GRILLE ETC Deli selection Potato du jour	NO SCHOOL	BBQ Wings Mozzarella Sticks Turkey Bacon Ranch Sub Chips	Chicken Chipotle Wrap Chili Cheese Nachos Fried Ravioli Chips	Fried Pickle Spears Chicken Crispito Turkey & Bacon Wrap Crinkle Fries	Corn Dog Pizza Stick Chicken Salad Crossaint Chips
	23	24	25	26	27
Break	Biscuit & Gravy Breakfast Bagel	Nachos Funnel Cake Fries	Bacon Biscuit Cinnamon Rolls	Nachos Cheese Sticks	Breakfast Pizza Pancake on a stick
<i>the</i> Classics	Chicken & Dumplings English Peas Roll	Chili/Frito Pie Corn Cornbread	Chicken Strips Loaded Mashed Potatoes Lima Beans	Popcorn Shrimp Fries Hushpuppies	Little Caesars Pizza Chips
 PB&J available daily	Ham & Cheese Wrap Fruit Nacho Doritos Teddy Grahams	Pizza Stick Fruit Snack Cheetos Animal Crackers	Hamburger Fruit Crunchy Cheetos Mini Rice Krispy	Corn Dog Fruit Nacho Doritos Fudge Round	Turkey & Cheese Sandwich Fruit Roll Up Plain Lays Nutty Buddy
Combo Feature (1st grade up)	Chicken Tenders	Corn Dog	Philly Cheese Steak	Chicken Nuggets	Hamburger
GRILLE ETC Deli selection Potato du jour	Pizza Stick Ham & Cheese Sub Crinkle Cut Fries	Turkey Cheese Wrap Egg Roll PB&J Chips	Ham & Cheese Wrap Chicken Crispitos Giant Soft Pretzel Tator Tots	Fried Ravioli Chicken Salad Croissant Seasoned Fries	Pizza Stick Fried Pickels Chips

Menu items are subject to change due to availability

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
 Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
 Pre-prepared tossed salad with bacon bits, shredded cheese, & croutons. Salad Dressing. Grades 1-3
 Salad Bar and Baked Potato - Grades 4th and up please.

Pricing

	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$5.00	\$5.50	\$5.50	Classic Entrée, 2 Sides and Drink
Grille Feature		\$5.50	\$5.50	Grille Combo Feature: Entrée, Potato du jour (or chips) Drink
Lunch Bucket	\$5.00	\$5.50	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte				Grille Etc. Priced Individually