






Cougar Café

Break and Lunch Menu

MARCH 2023

	Monday 27	Tuesday 28	Wednesday 1	Thursday 2	Friday 3
Break	Cheesy Grits/Sausage Pancakes	Nachos Donut Holes	Ham & Cheese Croissants Hashbrowns	Nachos Funnel Cake Fries	Biscuit w/Gravy Ham & Cheese Omlet
<i>the</i> Classics	Hamburger Steaks French Fries Green Beans	Taco Salad Corn	Popcorn Chicken Cheesy Mashed Potatoes Lima Beans	Philly Cheese Steak Loaded Waffle Fries	BBQ Chicken Mac & Cheese Rolls
 PB&J available daily	Hot Dog Fruit/Fruit Snack Chips Dessert	Ham & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Pizza Stick Fruit/Fruit Snack Chips Dessert	Hamburger Fruit Snack/Fruit Snack Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)	Chicken Tenders	Spicy Chicken Sandwich	Cheese Pizza Square	Chicken Fries	Hot Dog
GRILLE ETC Deli selection Potato du jour	Mini Tacos Meatball Sub Potato Skins Chips	Pretzel Ham & Cheese Sub Chicken Chipotle Wrap Fries	Fried Pickle Spears Mini Corndogs Turkey BLT Tator Tots	Pizza Stick Giant Soft Pretzel Ham & Cheese Wrap Chips	Mozzarella Sticks BBQ Wings Uncrustables PBJ Chips
	6	7	8	9	10
Break	Ham & Cheese Puffs Cinnamon Rolls	Nachos Donut Holes	Sausage Biscuit Cheese Sticks	Nachos French Toast Sticks	Breakfast Casserole Pancakes
<i>the</i> Classics	Beef Tips & Gravy Rice Corn Nuggets	Signature Chef Fiesta Bowl By MMI	Chicken Strips w/ Gravy Fries Toast	Chicken Spaghetti Green Beans Garlic Bread	Little Caesars Chips
 PB&J available daily	Fried Chicken Sandwich Fruit/Fruit snack Chips Dessert	Corn Dog Fruit/Fruit Snack Chips Dessert	Fish Sandwich Fruit/Fruit Snack Chips Dessert	Grilled Chicken Sandwich Fruit/Fruit Snack Chips Dessert	Ham & Cheese Sandwich Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)	Cheese Pizza	Hamburger	Chicken Nuggets	Fried Chicken Sandwich	Corn Dog
GRILLE ETC Deli selection Potato du jour	Chicken Salad Croissant Texas Toothpicks Soft Pretzel Crinkle Fries	Potato Skins Mozzarella Sticks Chips	Chicken Chipotle Wrap Fried Pickles Curly Fries	Meatball Sub Mini corn dogs Fried Ravioli Fries	Turkey & Cheese Wrap PB & J BBQ Wings Chips

	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Break					
the Classics					
 PB&J available daily					
Combo Feature (1st grade up)					
GRILLE ETC Deli selection Potato du jour					

	20	21	22	23	24
Break	Biscuit & Gravy Breakfast Bagel	Nachos Funnel Cake Fries	Bacon Biscuit Cinnamon Rolls	Nachos Cheese Sticks	Ham & Cheese Croissants Pancake on a stick
the Classics	Hamburger Steaks Crinkle Fries Green Beans	Lasagna Fried Okra Garlic Bread	Chicken Tenders Cheesy Mashed Potatoes Corn on the Cob	PoppySeed Chicken Crack Green Beans Fried Squash	Little Caesars Chips
 PB&J available daily	Ham & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Pizza Stick Fruit/Fruit Snack Chips Dessert	Hamburger Fruit/Fruit Snack Chips Dessert	Corn Dog Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)	Chicken Tenders	Cheese Pizza	Spicy Chicken Sandwich	Chicken Nuggets	Corndog
GRILLE ETC Deli selection Potato du jour	Pizza Stick Fried Ravioli Homemade Chips Chips	Fried Pickle Spears Chicken Salad Croissant Onion Straws Chips	Ham & Cheese Wrap Chicken Crisпитos Pulled Pork Sandwich Curly Fries	Mini Chicken Tacos BBQ Rib Sandwich Waffle Fries	BBQ Wings Chili Cheese Nachos Uncrustables PBJ Chips

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
 Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
 Pre-prepared tossed salad with bacon bits, shredded cheese, & croutons. Salad Dressing. Grades 1-3
 Salad Bar and Baked Potato - Grades 4th and up please.

Menu items are subject to change due to availability

	Pricing				INCLUDES:
	Kindergarten	1st-6th	7th-12th		
Hot Lunch	\$5.00	\$5.50	\$5.50	Classic Entrée, 2 Sides and Drink	
Grille Feature	\$5.00	\$5.50	\$5.50	Grille Combo Feature: Entrée, Potato du jour (or chips) Drink	
Lunch Bucket	\$5.00	\$5.50	\$5.50	Entrée, Chip, Fruit, Snack & Drink	
A La Carte	Grille Etc. Priced Individually				