



Cougar Café

Break and Lunch Menu

OCTOBER 2023

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Break	Breakfast Pizza Pancake/Sausage on Stick	Nachos Funnel Cake Fries	Biscuits and Gravy Cinnamon Rolls	Nachos Cheese Sticks	Junior Class
<i>the</i> Classics	Chicken Tender w/ White Gravy Macaroni & Cheese Roll	Chef's Special Grilled Chicken with Spanish Rice and Cheese	Hamburger Steak Roasted Potatoes Cream Style Corn	Cheesy Chicken & Rice Broccoli Cheddar Biscuit	Homecoming Day Dismiss @ 11:30
 PB&J available daily	Pizza Stick Fruit/Fruit Snack Lays Dessert	Fish Sandwich Fruit/Fruit Snack Cheetos Dessert	Hotdog Fruit/Fruit Snack Goldfish Dessert	Corn Dog Fruit/Fruit Snack BBQ Chips Dessert	Homecoming Day Dismiss @ 11:30
Combo Feature (1st grade up)	Corn Dog	Cheese Pizza	Chicken Nuggets	Spicy Chicken Sandwich	
GRILLE ETC	Mini Tacos Meatball Sub Giant Soft Pretzel Curly Fries	Cheddar Poppers Chicken Salad Croissant Crawfish Kickers Chips	Cowboy Corn Nuggets Mini Corn Dogs Spicy Fries	Homemade Chips Turkey & Bacon Wrap Potato Skins Chips	
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	9	10	11	12	13
Break			Sausage Biscuit Hashbrowns	Nachos Cheese Sticks	Biscuits & Gravy Pancakes
<i>the</i> Classics			Chicken Nuggets Cheesy Mashed Potatoes Lima Beans	Chicken Spaghetti Fried Okra Garlic Bread	Little Caesars Chips
 PB&J available daily			Hamburger Fruit/Fruit Snack Doritos Dessert	Pizza Stick Fruit/Fruit Snack Cheeto Puffs Dessert	Turkey & Cheese Sandwich Fruit/Fruit snack Plain Lays Dessert
Combo Feature (1st grade up)			Grilled Chicken Sandwich	Hamburger	Hotdog
GRILLE ETC Deli selection Potato du jour	FALL BREAK	FALL BREAK	Cheese Curds Cowboy Corn Nuggets Crispitos Spicy Fries	Onion Straws Turkey & Bacon Wrap Chips	Chipotle Chicken Wrap Jalapeno Poppers Un crustables PBJ Chips

	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
Break	Ham & Cheese Puff Funnel Cake Fries	Nachos Pancake/Sausage on Stick	Biscuit & Gravy Cinnamon Rolls	Nachos French Toast Sticks	Sausage Biscuit Donut Holes
the Classics	Poppy Seed Chicken Crack Green Beans Roll	Crispitos Spanish Rice	Chicken Tenders Ranch Potatoes Roll	Spaghetti Fried Squash Garlic Bread	Frito Chili Pie Cobbler
 PB&J available daily	Pizza Stick Fruit/Fruit Snack Cheese Puffs Dessert	Hamburger Fruit/Fruit Snack Lay's Plain Dessert	Corn Dog Fruit/Fruit Snack Cheezits Dessert	Hot Dog Fruit/Fruit Snack BBQ Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit Snack Nacho Cheese Doritos Dessert
Combo Feature (1st grade up)	Corn Dog	Cheese Pizza	Spicy Chicken Sandwich	Chicken Nuggets	Hot Dog
GRILLE ETC Deli selection Potato du jour	Cheese Curds Onion Straws Pulled Pork Sandwich Fries	Southwest Egg Roll Meatball Sub Chips	Mini Tacos Chicken Salad Croissant Homemade Chips Chips	Pizza Stick Potato Skins Turkey Bacon Ranch Wrap Chips	BBQ Wings Uncrustable PBJ Spicy Fries
	24	25	26	27	28
Break	Chicken Biscuit Hashbrowns	Nachos Cheese Sticks	Biscuits & Gravy French Toast Sticks	Nachos Ham & Cheese Omelet	Ham & Cheese Croissant Hashbrowns
the Classics	Beef Tips & Gravy Rice Corn Nuggets	Chicken Parm Mash Potato	Philly Cheesesteak Loaded Fries	Chicken or Shrimp Fried Rice	Little Caesars Chips
 PB&J available daily	Ham & Cheese Wrap Fruit/Fruit Snack Lays Original Dessert	Breaded Chicken Sandwich Fruit/Fruit Snack Nacho Cheese Doritos Dessert	Hamburger Fruit/Fruit Snack BBQ Chips Dessert	Fish Sandwich Fruit/Fruit Snack Cheetos Dessert	Ham & Cheese Sandwich Fruit/Fruit Snack Cheezits Dessert
Combo Feature (1st grade up)	Chicken Tenders	Cheese Pizza Square	Hotdog	Spicy Chicken Sandwich	Corn Dog
GRILLE ETC Deli selection Potato du jour	Onion Tangles Ham & Cheese Sub Chips	Grilled Chicken Wrap Apple Pie Rolls Fried Dill Pickles Fries	Potato Skins Chicken Crispitos Pasta Salad Chips	Corn Nuggets Turkey & Bacon Wrap Egg Roll Chip	BBQ Wings Crawfish Kicker Chipotle Chicken Wrap Fries
Menu items are subject to change due to availability					

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.

Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée

Pre-prepared tossed salad with diced ham, shredded Cheese, Grape Tomato & croutons. Ranch Dressing. Grades 1-3

Salad Bar and Baked Potato - Grades 4th and up please.

Pricing

	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$5.00	\$5.50	\$5.50	Classic Entrée, 2 Sides and Drink
Grille Feature		\$5.50	\$5.50	Grille Comb: Entrée, Potato/Chip w/Drink
Lunch Bucket	\$5.00	\$5.50	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte				Grille Etc. Priced Individually