







Cougar Café

Break and Lunch Menu

OCTOBER 2025

Monday		Tuesday	Wednesday 1	Thursday 2	Friday 3
Break			Cheesy Grits & Sausage Cinnamon Rolls	Nachos Cheese Sticks	Breakfast Cassarole Breakfast Tornado
<i>the—</i> Classics			Roast Rice & Gravy Cornbread	Teriyaki Chicken Fried Rice Veggies	Grill Chicken tenders Mac & Cheese Peas
 PB&J available daily			Hotdog Fruit/Fruit Snack Chips Dessert	Corn Dog Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Wrap Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)			Grill Chicken Sandwich	Cheese Pizza	Spicy Chicken Sandwich
GRILLE ETC			Cowboy Corn Nuggets Mini Corn Dogs Spicy Fries	Homemade Chips Turkey & Bacon Wrap Chips	Chicken Bacon Ranch Wrap Strawberry Pie Fries
Monday 6		Tuesday 7	Wednesday 8	Thursday 9	Friday 10
Break			Beignets Hashbrowns	Nachos Breakfast Pizza	Biscuits & Gravy Pancakes
<i>the—</i> Classics			Ravioli w/sauce Green beans Cobbler	Popcorn Shrimp Fried Okra Hushpuppies	Little Caesars Chips
 PB&J available daily			Hamburger Fruit /Fruit Snack Chips Dessert	Pizza Stick Fruit/Fruit Snack Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit snack Chips Dessert
Combo Feature (1st grade up)			Grilled Chicken Sandwich	Hot Dog	Chicken Skewers
GRILLE ETC Deli selection Potato du jour			Cheese Curds Crispitos Spicy Fries	Jalapeno Poppers Turkey & Bacon Wrap Chips	BBQ Wings Uncrustables PBJ Chips
	FALL BREAK	FALL BREAK			

	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Break	Ham & Cheese Puff Funnel Cake Fries	Nachos Pancake/Sausage on Stick	Ham & Cheese Biscuit Cinnamon Rolls	Nachos French Toast Sticks	Sausage Biscuit Donut Holes
<i>the</i> Classics	Poppy Seed Chicken Crack Green Beans Roll	Beef Fajitas Spanish Rice w/ Cheese Veggies (optional)	Chicken Tenders Ranch Potatoes Roll	Spaghetti Fried Squash Garlic Bread	Frito Chili Pie Cobbler
 PB&J available daily	Pizza Stick Fruit/Fruit Snack Cheese Puffs Dessert	Hamburger Fruit/Fruit Snack Lay's Plain Dessert	Corn Dog Fruit/Fruit Snack Cheezits Dessert	Hot Dog Fruit/Fruit Snack BBQ Chips Dessert	Turkey & Cheese Sandwich Fruit/Fruit Snack Nacho Cheese Doritos Dessert
Combo Feature (1st grade up)	Sausage Dog	Cheese Pizza	Spicy Chicken Sandwich	Chicken Nuggets	Cheeseburger
GRILLE ETC Deli selection Potato du jour	Cheese Curds Pulled Pork Sandwich Fries	Southwest Egg Roll Meatball Sub Chips	Chicken Salad Croissant Homemade Chips Chips	Potato Skins Turkey Bacon Ranch Wrap Spicy Fries	BBQ Wings Uncrustable PBJ Chips
	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Break	Chicken Biscuit Hashbrowns	Nachos Cheese Sticks	Biscuit & Gravy Breakfast Tornado	Nachos Ham & Cheese Omelet	Ham & Cheese Croissant Pancake Bites
<i>the</i> Classics	Chicken Alfredo Green Beans Bread Stick	Taco Salad Corn	Cheesy Chicken and Rice Broccoli Roll	Philly Steak w/ Cheese Steak Fries	Jambalya Veggies Cobbler
 PB&J available daily	Ham & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Breaded Chicken Sandwich Fruit/Fruit Snack Chips Dessert	Hamburger Fruit/Fruit Snack Chips Dessert	Fish Sandwich Fruit/Fruit Snack Chips Dessert	Ham & Cheese Sandwich Fruit/Fruit Snack Chips Dessert
Combo Feature (1st grade up)	Chicken Tenders	Cheese Pizza Square	Hotdog	Spicy Chicken Sandwich	Corn Dog
GRILLE ETC Deli selection Potato du jour	Onion Tanglers Ham & Cheese Sub Chips	Grilled Chicken Wrap Apple Pie Rolls Fries	Potato Skins Chicken Crisпитos Tots	Corn Nuggets Turkey & Bacon Wrap Chip	BBQ Wings Firecrackers Chips

	Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 31
Break	Beignets Tater Kegs	Nachos Funnel Cake Fries	Full Breakfast French Toast Sticks	Nachos Ham & Cheese Omelet	Ham & Cheese Puff Cheese Sticks
<i>the</i> Classics	Rotel Pasta Broccoli Bread Stick	Beef soft taco Spanish Rice w/Cheese veggies optional	Country Fried Steak Mashed Potatoes Lima Beans	Lasagna Fried Okra Roll	Little Caesars Chips
 PB&J available daily	Turkey & Cheese Wrap Fruit/Fruit Snack Chips Dessert	Hot Dog Fruit/Fruit Snack Chips Dessert	Grilled Cheese Fruit/Fruit Snack Chips Dessert	Hamburger Fruit/Fruit Snack Chips Dessert	Pizza Stick Fruit/Fruit Snack Chips Dessert
GRILLE ETC Combo Feature (1st & UP) <i>Potato du jour/Deli Selection</i>	Chicken Nuggets Pretzel SW Eggroll Fries	Grill Chicken Sandwich CBR Wrap Onion Tangles Chips	Corn Dog BBQ Wings Chipotle Chicken Wrap Fries	Hot Dog Pepperoni Pizza Homemade Chips Chips	Sausage Dog Wings Uncrustable Chips
Menu items are subject to change due to availability					

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
 Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
 Pre-prepared tossed salad with diced ham, shedded Cheese, Grape Tomato & croutons. Ranch Dressing. Grades 1-3
 Salad Bar and Baked Potato – Grades 4th and up please.

Pricing

	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$5.50	\$6.00	\$6.00	Classic Entrée, 2 Sides and Drink
Grille Feature		\$6.00	\$6.00	Grille Comb: Entrée, Potato/Chip w/Drink
Lunch Bucket	\$5.50	\$6.00	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte	Grille Etc. Priced Individually			