




Cougar Café

Break and Lunch Menu

September 2024

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	
Break		Nachos	Biscuit & Gravy	Nachos	Ham & Cheese Croissant	
		Cheese Sticks	Pancakes	Donut Holes	Danish	
the Classics	HAPPY LABOR DAY	Beef quesadilla w/Cheese	Chicken Bacon Ranch	Hibatchi Chicken/Shrimp	Hamburgers	
		Spanish Rice	Ranch Potatos	Fried Rice	Sidewinder Fries	
			Broccoli	Veggies (optional)		
Cougar Anteater		Hamburger	Fish Sandwich	Hotdog	Ham & Cheese Sandwich	
PB&J available daily		Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	
		Chips	Chips	Chips	Chips	
		Dessert	Dessert	Dessert	Dessert	
Combo Feature (1st grade up)			Fried Chicken Sandwich	Pizza Stick	Cheese Pizza	Hot Dog
GRILLE ETC			Mini Tacos	Egg Rolls	Crawfish Pie	BBQ Wing
			Chicken Chipotle	Crispitos	Turkey Bacon Ranch Wrap	Chips & Queso
			Apple Pie		PBJ	
		Spicy Fries	Fries	Chips	Chips	
	Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13	
Break	Ham & Cheese Croissant	Nachos	Breakfast Casserole	Nachos	Sausage Biscuits	
	Breakfast Tornado	Egg/Cheese Omlet	French Toast Sticks	Cheese Sticks	Donut Holes	
the Classics	Chicken Parm	"Chef's Special"	Chicken Nuggets	Philly Steak & Cheese	Little Caesars	
	Mash Potatoes	Grilled Chicken over Rice	Mac & Cheese	Loaded Cheese Fries	Chips	
	Roll	w/Queso				
Cougar Anteater	Grilled Cheese	Fried Chicken Sandwich	Corndog	Fish Sandwich	Turkey & Cheese Wrap	
PB&J available daily	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	
	Chips	Chips	Chips	Chips	Chips	
	Dessert	Dessert	Dessert	Dessert	Dessert	
Combo Feature (1st grade up)	Corn Dog	Cheese Pizza Square	Grilled Chicken Sandwich	Spicy Chicken Sandwich	Sausage Dogs	
GRILLE ETC			Cowboy Corn Nuggets		BBQ Wings	
Deli selection	Mac & Cheese Bites	Jalepeno Cheddar Poppers	Chicken Crispitos	Pretzel	Grilled Chicken Wrap	
Potato du jour	Ch./Bacon/Ranch Wrap	Turkey BLT		Turkey & Bacon Wrap		
	Chips	Tots	Spicy Fries	Chips	Chips	

	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Break	Cheesy Grits & Sausage	Nachos	Sausage Biscuit	Nachos	Ham & Cheese Puffs
	Danish	Funnel Cake Fries	Cinnamon Rolls	Cheese Toast	Donut Holes
<i>the</i> Classics	Chicken Alfredo	Crispitos	Cheesy Chicken & Rice	Lasagna	BBQ Baked Chicken
	Corn	Spanish Rice	Broccoli	Fried Okra	Mac & Cheese
	Roll			Garlic Bread	Corn
 PB&J available daily	Pizza Stick	Grilled Chicken Sandwich	Corn Dog	Hot Dog	Turkey & Cheese Sandwich
	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack
	Chips	Chips	Chips	Chips	Chips
	Dessert	Dessert	Dessert	Dessert	Dessert
Combo Feature (1st grade up)	Spicy Chicken Sandwich	Chicken Nuggets	Hamburger	Chicken Fries	Meatball Sub
GRILLE ETC Deli selection Potato du jour		Southwest Egg Roll		Pizza Stick	Cheese Pizza
	Cheese Curds		Pickle Fries		Chips w/ Queso
	Ham & Cheese Sub	Chicken Salad Croissant	Ham & Cheese Wrap	Turkey Bscn Ranch Wrap	
	Chips	Curly fries	Collosal Fries	Waffle Fries	Chips
	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
Break	Full Breakfast	Nachos	Biscuits & Gravy	Nachos	Junior Class
	Hashbrowns	Cheese Sticks	French Toast Sticks	Pancakes	
<i>the</i> Classics	Beef Tips	Taco Salad	Popcorn Chicken	Country Fried Steak	School Dismisses
	Rice W/gravy	Corn	Tater Tots	Mashed Potatoes	at
	Broccoli		Green Beans	Corn on the Cob	11:30 A.M.
 PB&J available daily	Ham & Cheese Wrap	Breaded Chicken Sandwich	Hamburger	Fish Sandwich	
	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	Fruit/Fruit Snack	
	Chips	Chips	Chips	Chips	
	Dessert	Dessert	Dessert	Dessert	
Combo Feature (1st grade up)	Hot Dog	Cheese Pizza Square	Cheeseburger	Spicy Chicken Sandwich	
GRILLE ETC Deli selection Potato du jour		Breaded Chicken Sandwich	Potato Skins	Fried Pickle Spears	
	Mozzarella Sticks		Chicken Crispitos		
	Ham & Cheese Sub	Southwest Egg Roll		Turkey & Bacon Wrap	
	Tots	Fries	Chips	Fries	

	Monday 30	Tuesday	Wednesday	Thursday	Friday
Break	Cheesy Grits & Sausage				
	Breakfast Pizza				
<i>the</i> Classics	Chicken & Dumplings				
	Sweet Potato Casserole				
	Roll				
 PB&J available daily	Corn Dog				
	Fruit/Fruit Snack				
	Chips				
	Dessert				
Combo Feature (1st grade up)	Chicken Tenders				
GRILLE ETC Deli selection Potato du jour					
	Chicken Salad Croissant				
	Fried Ravioli				
	Fries				

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
 Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
 Pre-prepared tossed salad with diced ham, shredded Cheese, Grape Tomato & croutons. Ranch Dressing. Grades 1-3
 Salad Bar and Baked Potato - Grades 4th and up please.

Pricing

	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$5.50	\$6.00	\$6.00	Classic Entrée, 2 Sides and Drink
Grille Feature		\$6.00	\$6.00	Grille Comb: Entrée, Potato/Chip w/Drink
Lunch Bucket	\$5.50	\$6.00	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte				Grille Etc. Priced Individually

Menu Items are subject to change due to supply