



Cougar Café

Break and Lunch Menu

AUGUST 2024

	Monday	Tuesday	Wednesday	Thursday 1	Friday 2
Break					
<i>the</i> Classics					
 PB&J available daily					
Combo Feature (1st grade up)					
GRILLE ETC Deli selection Potato du jour					
	Monday 5	Tuesday 6	Wednesday 7	Thursday 8	Friday 9
Break	Cheese Grits/Sausage French Toast Sticks	Nachos Cheese Sticks	Sausage Biscuit Cinnamon Rolls	Nachos Donut Holes	Breakfast Casserole Cinnamon Rolls
<i>the</i> Classics	Chicken Spaghetti Green Beans Roll	Crispito Spanish Rice	Chicken Tenders Cheesy Mashed Potatoes Lima Beans	Jambalaya Broccoli w/Cheese Cream Style Corn	Little Caesars Chips
 PB&J available daily	Ham & Cheese Wrap Fruit /Fruit Snack Chips Dessert	Fried Chicken Sandwich Fruit /Fruit Snack Chips Dessert	Pizza Stick Fruit /Fruit Snack Chips Dessert	Ham & Cheese Wrap Fruit /Fruit Snack Chips Dessert	Turkey & Cheese Sandwich Fruit /Fruit Snack Chips Dessert
Combo Feature (1st grade up)	Mini Corndogs	Cheese Pizza	Hamburger	Popcorn Chicken	Sausage Dog
GRILLE ETC Deli selection Potato du jour	Onion Straws Turkey BLT Egg Rolls Fries	Fried Pickles Chicken Salad Croissant Cowboy Corn Nuggets Chips	Crawfish Pie Grilled Chicken Sandwich Potato Skins Fries	Onion Straws Ham & Cheese Sub Fried Ravioli Chips	Cheddar Jalepeno Poppers BBQ Wings Uncrustables PBJ Chips
	Monday 12	Tuesday 13	Wednesday 14	Thursday 15	Friday 16
Break	Ham & Cheese Puffs Funnel Cake Fries	Nachos Cheese Sticks	Chicken Biscuit Pancakes	Nachos French Toast Sticks	Breakfast Bagels Donut Holes
<i>the</i> Classics	Lasagna Corn Nuggets Garlic Bread	Taco Salad Corn	Popcorn Chicken Potato Casserole Green Beans	Hamburger Steak Mashed Potatoes/Gravy English Peas	Popcorn Shrimp Crinkle Fries Hushpuppies
 PB&J available daily	Fried Chicken Sandwich Fruit /Fruit Snack Chips Dessert	Corn Dog Fruit /Fruit Snack Chips Dessert	Fish Sandwich Fruit /Fruit Snack Chips Dessert	Grilled Chicken Sandwich Fruit /Fruit Snack Chips Dessert	Ham & Cheese Sandwich Fruit /Fruit Snack Chips Dessert

Combo Feature (1st grade up)	Cheese Pizza	Chicken Nuggets	Hamburger	Pizza Stick	Spicy Chicken Sandwich
GRILLE ETC Deli selection Potato du jour	Onion Straws Soft Baked Pretzel Spicy Fries	Turkey BLT Potato Skins Chips	Meatball Sub Mini Tacos Fried Ravioli Curly Fries	Crawfish Kickers Fried Dill Pickles Turkey & Bacon Wrap Chips	Chicken Chipotle Wrap PB&J Chips

	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Break	Chicken Biscuit Breakfast Pizza	Nachos Funnel Cake Fries	Biscuit & Gravy Cinnamon Rolls	Nachos Cheese Sticks	Ham & Cheese Croissants Pancake on a stick


the Classics	Chicken Alredo Green Beans Bread Stck	Chef's Special Chicken & Cheese over Spanish Rice	Chicken Strips Macaroni and Cheese	Poppseed Chicken Crack Green Beans Roll	Little Caesar's Pizza Chips
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 PB&J available daily	Ham & Cheese Wrap Fruit /Fruit Snack Chips Dessert	Pizza Stick Fruit /Fruit Snack Chips Dessert	Hamburger Fruit /Fruit Snack Chips Dessert	Corn Dog Fruit /Fruit Snack Chips Dessert	Turkey & Cheese Sandwich Fruit /Fruit Snack Chips Dessert
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Combo Feature (1st grade up)	Chicken Tenders	Hot Dog	Corn Dog	Cheese Burger	BBQ Wings
GRILLE ETC Deli selection Potato du jour	Pizza Stick Pretzel Ham & Cheese Sub Chips	Jalepeno Poppers Egg Rolls Fries	Ham & Cheese Wrap Pulled Pork Sandwich Curly Fries	Mini Meat Pies BBQ Rib Sandwich Chips	Chipotle Chicken Wrap Chili Cheese Nachos Uncrustables PBJ Chips

	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
Break	Breakfast Casserole Waffles	Nachos Funnel Cake Fries	Sausage Biscuit Hashbrowns	Nachos Cheese Sticks	Ham & Cheese Croissants Donut Holes

the Classics	Country Fried Steak Mashed Potatoes Roll	Beef Fajita Rice/Cheese Veggies	Grilled Chicken Skewer Ranch Potatoes Crack Green Beans	Roast Rice & Gravy Fried Okra	Hamburgers Fries
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 PB&J available daily	Ham & Cheese Wrap Fruit /Fruit Snack Chips Dessert	Pizza Stick Fruit /Fruit Snack Chips Dessert	Hotdog Fruit /Fruit Snack Chips Dessert	Hamburger Fruit /Fruit Snack Chips Dessert	Ham & Cheese Sandwich Fruit /Fruit Snack Chips Dessert
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Combo Feature (1st grade up)	Pizza Stick	Chicken Strips	Mini Corndogs	Spicy Chicken Sandwich	Hot Dog
GRILLE ETC Deli selection Potato du jour	Cheese Sticks Pretzel Meatball Sub Fries	Fried Pickle Spears Chicken Salad Croissant Onion Straws Chips	Pretzel Ham & Cheese Wrap Tator Tots	Egg Rolls Mini Tacos Crispitos Chips	BBQ Wings Grill Chicken Wraps Chips

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
Pre-prepared tossed salad with bacon bits, shredded Cheese, Grape Tomato & croutons. Ranch Dressing. Grades 1-3
Grilled Chicken, Salad Bar and Baked Potato – Grades 4th and up please.

Pricing				
	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$5.00	\$5.50	\$5.50	Classic Entrée, 2 Sides and Drink
Grille Feature		\$5.50	\$5.50	Grille Combo Feature: Entrée, Fries/Chips, Drink
Lunch Bag		\$5.50	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte	Grille Etc. Priced Individually			