Cougar Café

Break and Lunch Menu

September 2019

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Break		Nachos Pancake on a Stick	Ham & Cheese Crossaints Cinnamon Rolls	Nachos Ham & Cheese Puff	Breakfast Cheese Toast
the Classics		Chicken Tenders Cheesy Potatoes Green Beans	Poppyseed Chicken Fried Okra Garlic Bread	Spaghetti w/Meatballs Fried Okra Garlic Bread	Little Ceasar's Pizza Salad
Cougar Canteen PB&J available daily		Grilled Chicken Sandwich Fruit Cheddar Goldfish Oreo Cookies	Corn Dog Fruit Sour Cream & Onion Mini Rice Krispy	Hot Dog Fruit Cheetos Fudge Round	Ham & Cheese Sandwich Fruit Cheezits Animal Crackers
Combo Feature (1st grade up)		Cheeseburger	Cheese Pizza	Bacon Cheeseburger	Buffalo Wings
GRILLE ETC		Grilled Chicken Sandwich Corn Dog Turkey Bacon Ranch Sub Chips	Hamburger Fried Ravioli Ham & Cheese Wrap Steak Fries	Fried Pickle Spears Chicken Fries Hot Dog Chips	Giant Soft Pretzel Smoked Sausage Dog Chipotle Chicken Wrap Krinkle Kut Fries
	9	10	11	12	13
Break	Biscuit & Gravy Cinnamon Rolls	Nachos Funnel Cake Fries	Sausage Biscuit Cinnamon Rolls	Nachos Cheese Sticks	Biscuit & Gravy Breakfast Bagel
the Classics	Country Fried Steak Green Beans Roll	Hamburger Steak Mashed Potatoes English Peas	Pork Chops Rice & Gravy Butter Beans	Chicken Spaghetti Corn Nuggets Garlic Bread	Little Ceasar's Pizza Tossed Salad
Cougar Canteen PB&J available daily	Ham & Cheese Wrap Fruit Lays Original Teddy Grahams	Breaded Chicken Sandwich Fruit Nacho Cheese Doritos Mini Rice Krispy	Hot Dog Fruit BBQ Chips Nutty Buddy	Fish Sandwich Fruit Cheetos Graham Crackers	Ham & Cheese Sandwich Fruit Cheezits Fruit RollUp
Combo Feature (1st grade up)	Chicken Tenders	Cheese Pizza Square	Hot Dog	Philly Cheesesteak	Buffalo Wings
GRILLE ETC Deli selection Potato du jour	Pizza Stick Mozzarella Sticks Ham & Cheese Sub Chips	Breaded Chicken Sandwich Meatball Sub Turkey BLT Seasoned Fries	Chicken Chipotle Wrap Chicken Crispitos Giant Soft Pretzel Chips	Spicy Chicken Sandwich Pizza Stick Turkey & Bacon Wrap Crinkle Cut Fries	Fish Sandwich Smoked Sausage Dog Chipotle Chicken Wrap Krinkle Kut Fries

	Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Break	Cheesy Grits & Sausage Breakfast Burrito	Nachos Ham & Cheese Puff	Breakfast Bagel Hashbrowns	Nachos French Toast Sticks	
the Classics	Chicken Taco Mexican Rice Refried Beans	Pot Roast Potatoes/Carrots Roll	Korean Chicken Bowl Broccoli & Cheese	Lasagna Fried Okra Garlic Bread	
Cougar Canteen PB&J available daily	Pizza Stick Fruit Lays Original Teddy Grahams	Grilled Chicken Sandwich Fruit Cheddar Goldfish Oreo Cookies	Corn Dog Fruit Sour Cream & Onion Fudge Round	Hot Dog Fruit BBQ Chips Animal Crackers	
Combo Feature (1st grade up)	Spicy Chicken Sandwich	Cheeseburger	Hamburger	Chicken Nuggets	
GRILLE ETC Deli selection Potato du jour	Pizza Stick Pork Egg Roll Ham & Cheese Sub Seasoned Fries	Grilled Chicken Sandwich Mozzarella Sticks Turkey Bacon Ranch Sub Chips	Egg Roll Corn Dog Ham & Cheese Wrap Curly Fries	Chicken Chipotle Wrap Pizza Stick Chicken Salad Croissant Chips	

	23	24	25	26	27
Break	Ham & Cheese Croissant Hashbrowns	Nachos Funnel Cake Fries	Sausage & Biscuit Cinnnamon Rolls	Nachos Cheese Sticks	Breakfast Burrito Pancake on a stick
the Classics	Beef Tips w/Rice & Gravy Fried Squash Roll	Taco Salad Corn	Chicken Fries Tater Tots Green Beans	Red Beans & Rice Corn on the cob Garlic Bread	Fried Catfish Krinkle Kut Fries Hushpuppies
Cougar Canteen PB&J available daily	Ham & Cheese Wrap Fruit Lays Original Oatmeal Crème Pie	Breaded Chicken Sandwich Fruit Nacho Cheese Doritos Mini Rice Krispy	Hamburger Fruit BBQ Chips Nutty Buddy	Corn Dog Fruit Cheetos Fudge Round	Turkey & Cheese Sandwich Fruit Cool Ranch Doritos Fruit Roll Up
Combo Feature (1st grade up)	Chicken Tenders	Cheese Pizza Square	Philly Cheese Steak	**Chicken Nuggets**	Chicken BLT
GRILLE ETC Deli selection Potato du jour	Pork Egg Roll Mozzarella Sticks Ham & Cheese Sub Chips	Breaded Chicken Sandwich Meatball Sub Turkey BLT Krinkle Kut Fries	Rib Sandwich Chicken Crispitos Giant Soft Pretzel Chips	Fried Ravioli Pizza Stick Chicken Salad Croissant Chips	Corn Dog Chili Cheese Nachos Uncrustables PBJ Chips

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
Pre-prepared tossed salad with bacon bits, shredded cheese, & croutons. Salad Dressing. Grades 1-3
Salad Bar and Baked Potato - Grades 4th and up please.

Pricing

	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	$4.25	$4.75	$4.75	Classic Entrée, 2 Sides and Drink
Grille Feature		$4.75	$4.75	Grille Combo Feature: Entrée, Potato du jour (or chips) Drink
Lunch Bucket	$4.25	$4.75	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte	Grille Etc. Priced Individually			