





Cougar Café

Elementary Lunch Menu

January 2019

	Monday	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
the Classics				Jambalaya Garlic Toast Okra	Little Ceasar's Pizza Tossed Salad
 PB&J available daily				Pizza Stick Fruit Cool Ranch Doritos Fudge Round	Ham & Cheese Sandwich Pudding Cheezits Oatmeal Crème Pie
Combo Feature (1st grade up)				Spicy Chicken Sandwich	Buffalo Wings
the Classics	7 Country Fried Steak Green Beans Roll	8 Chicken Taco Mexican Rice Corn	9 Pork Chops Rice & Gravy Butter Beans	10 Chicken Spaghetti Corn Nuggets Garlic Bread	11 Fried Catfish Krinkle Kut Fries Hushpuppies
 PB&J available daily	Ham & Cheese Wrap Pudding Lays Original Teddy Grahams	Hamburger Fruit Crunchy Cheetos Mini Rice Krispy	Hot Dog Pudding Sour Cream & Onion Nutty Buddy	Fish Sandwich Fruit Cheetos Graham Crackers	Ham & Cheese Sandwich Fruit Cool Ranch Doritos Fruit Roll Up
Combo Feature (1st grade up)	Chicken Tenders	Chicken Nuggets	Ham & Cheese Sub	Philly Cheesesteak	Spicy Chicken Sandwich
	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
the Classics	Philly Steak Sandwich Baked Beans Krinkle Kut Fries	Pot Roast Potatoes/Carrots Roll	Spaghetti w/Meatballs Fried Okra Garlic Bread	Red Beans & Rice Corn on the cob Garlic Bread	Little Caesars Pizza Salad
 PB&J available daily	Pizza Stick Pudding Cool Ranch Doritos Teddy Grahams	Grilled Chicken Sandwich Fruit Cheez-its Oreo Cookies	Corn Dog Pudding Nacho Doritos Mini Rice Krispy	Hot Dog Fruit Cheetos Fudge Round	Turkey & Cheese Sandwich Pudding Sunchips Fruit Roll Up
Combo Feature (1st grade up)	Spicy Chicken Sandwich	Cheeseburger	Rib Sandwich	Chicken Nuggets	Breaded Chicken Sandwich
the Classics	21 	22 Chicken Tenders Cheesy Potatoes Green Beans	23 Taco Salad Corn	24 Lasagna Fried Okra Garlic Bread	25 Fried Catfish Krinkle Kut Fries Hushpuppies

 PB&J available daily		Grilled Chicken Sandwich	Breaded Chicken Sandwich	Hot Dog	Turkey & Cheese Sandwich
		Fruit	Pudding	Fruit	Fruit
		Goldfish	Nacho Cheese Doritos	BBQ Chips	Cool Ranch Doritos
		Mini Rice Krispy	Animal Crackers	Teddy Graham	Fruit Roll Up
Combo Feature (1st grade up)		Cheeseburger	Cheese Pizza Square	Chicken Nuggets	Chicken BLT

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
 Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
 Pre-prepared tossed salad with diced ham, shredded Cheese, Grape Tomato & croutons. Ranch Dressing. Grades 1-3
 Salad Bar and Baked Potato - Grades 4th and up please.

Pricing

MEAL DEALS	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$4.00	\$4.50	\$4.50	Classic Entrée, 2 Sides and Drink
Grille Feature		\$4.50	\$4.50	Grille Combo Feature: Entrée, Potato du jour (or chips) Drink
Lunch Bucket	\$4.00	\$4.50	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte	Priced Individually			

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