




Cougar Café

Elementary Lunch Menu

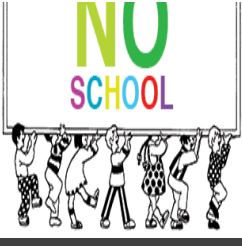
February 2019

	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1
the Classics	Chicken Pot Pie Corn Nuggets	Walking Tacos Spanish Rice Corn	Spaghetti w/Meatballs Fried Okra Garlic Bread	Chicken Tenders Cheesy Potatos Green Beans	Little Ceasar's Pizza Tossed Salad
 PB&J available daily	Turkey Cheese Wrap Pudding Nacho Doritos Teddy Grahams	Ham & Cheese Wrap Fruit Cheezits Oreo Cookies	Corn Dog Pudding Cheeto Puffs Fruit Roll Up	Grilled Chicken Sandwich Fruit Goldfish Oreos	Ham & Cheese Sandwich Fruit Roll Up BBQ Chips Animal Crackers
Combo Feature (1st grade up)	Spicy Chicken Sandwich	Ham & Cheese Sub	Rib Sandwich	Cheeseburger	Buffalo Wings
	4	5	6	7	8
the Classics	Sliced Ham Hashbrown Casserole Green Beans	Hamburger Steak Mashed Potatoes English Peas	Jambalaya Garlic Toast Okra	Chicken Spaghetti Corn Nuggets Garlic Bread	Fried Catfish Krinkle Kut Fries Hushpuppies
 PB&J available daily	Ham & Cheese Wrap Pudding Lays Original Teddy Grahams	Breaded Chicken Sandwich Fruit Nacho Cheese Doritos Rice Krispy	Pizza Stick Fruit Cool Ranch Doritos Fudge Round	Fish Sandwich Fruit Cheetos Fudge Round	Turkey & Cheese Sandwich Fruit Roll Up Cool Ranch Doritos Oatmeal Crème Pie
Combo Feature (1st grade up)	Corn Dog	Cheese Pizza Square	Spicy Chicken Sandwich	Philly CheeseSteak	Chicken BLT
	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
the Classics	Beef Tips w/Rice & Gravy Fried Squash Roll	Lasagna Fried Okra Garlic Bread	Chicken Tenders Mac & Cheese Lima Beans	Pot Roast Potatoes/Carrots Roll	Little Ceasar's Pizza Tossed Salad
 PB&J available daily	Ham & Cheese Wrap Pudding Lays Original Teddy Grahams	Hot Dog Fruit Cheetos Fudge Round	Corn Dog Pudding Nacho Doritos Fruit Roll Up	Grilled Chicken Sandwich Fruit Goldfish Oreo Cookies	Ham & Cheese Sandwich Fruit Sour Cream & Onion Animal Crackers
Combo Feature (1st grade up)	Chicken Tenders	Chicken Nuggets	Rib Sandwich	Cheeseburger	Buffalo Wings
	18	19	20	21	22
the Classics		Taco Salad Corn	Chicken Alfredo Green Beans Garlic Bread	Red Beans & Rice Corn on the cob Garlic Bread	Fried Catfish Krinkle Kut Fries Hushpuppies



PB&J available daily

Combo Feature (1st grade up)



Breaded Chicken Sandwich Fruit Nacho Cheese Doritos Sugar Cookie	Ham & Cheese Wrap Pudding Goldfish Nutty Buddy	Fish Sandwich Fruit Cheetos Fudge Round	Turkey & Cheese Sandwich Fruit Cool Ranch Doritos Fruit Roll Up
Cheese Pizza Square	Ham & Cheese Sub	Bacon Cheeseburger	Chicken BLT

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
 Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
 Pre-prepared tossed salad with diced ham, shedded Cheese, Grape Tomato & croutons. Ranch Dressing. Grades 1-3
 Salad Bar and Baked Potato - Grades 4th and up please.

Pricing

MEAL DEALS	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$4.00	\$4.50	\$4.50	Classic Entrée, 2 Sides and Drink
Grille Feature		\$4.50	\$4.50	Grille Combo Feature: Entrée, Potato du jour (or chips) Drink
Lunch Bucket	\$4.00	\$4.50	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte	Priced Individually			

rk