



Cougar Café

Elementary Lunch Menu

August 2019

	Monday	Tuesday	Wednesday 7	Thursday 8	Friday 9
the Classics			Hamburger Steak Mashed Potatoes English Peas	Chicken Crispos Mexican Rice Corn	Little Ceasar's Pizza Salad
 PB&J available daily			Breaded Chicken Sandwich Fruit Nacho Cheese Doritos Oatmeal Crème Pie	Hamburger Fruit BBQ Chips Fudge Round	Ham & Cheese Sandwich Fruit or Pudding Cup Goldfish Fruit Roll Up
Combo Feature (1st grade up)			Cheese Pizza Square	Chicken Nuggets	Buffalo Wings
	12	13	14	15	16
the Classics	Red Beans & Rice Corn on the cob Garlic Bread	Chicken Tenders Cheesy Potatoes Green Beans	Beef Tips w/Rice & Gravy Fried Squash Roll	Chicken Spaghetti Corn Nuggets Garlic Bread	Hamburger Seasoned Fries
 PB&J available daily	Corn Dog Fruit Cheetos Fudge Cookie w/Cream	Grilled Chicken Sandwich Fruit Cheddar Goldfish Mini Rice Krispy	Ham & Cheese Wrap Pudding Lays Original Teddy Grahams	Fish Sandwich Fruit Cheetos Fudge Cookie w/Cream	Turkey & Cheese Sandwich Pudding or Fruit Cup Cool Ranch Doritos Fruit Roll Up
Combo Feature (1st grade up)	Chicken Nuggets	Cheeseburger	Chicken Tenders	Philly CheeseSteak	Hot Dog

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
 Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
 Pre-prepared tossed salad with diced ham, shredded Cheese, Grape Tomato & croutons. Ranch Dressing. Grades 1-3
 Salad Bar and Baked Potato - Grades 4th and up please.

Pricing

MEAL DEALS	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$4.25	\$4.75	\$4.75	Classic Entrée, 2 Sides and Drink
Grille Feature		\$4.75	\$4.75	Grille Combo Feature: Entrée, Potato du jour, Drink
Lunch Bucket	\$4.25	\$4.75	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte	Priced Individually			



Cougar Café

Elementary Lunch Menu

August 2019

	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
the Classics	Chicken Taco Mexican Rice Refried Beans	Pot Roast Potatos/Carrots Roll	Chicken Fries Mac & Cheese Lima Beans	Taco Salad Corn	Little Ceasar's Pizza Tossed Salad
Cougar Canteen PB&J available daily	Pizza Stick Fruit Lays Original Teddy Grahams	Grilled Chicken Sandwich Fruit Golfish Oreo Cookies	Corn Dog Pudding Sour Cream & Onion Nutty Buddy	Breaded Chicken Sandwich Fruit Nacho Cheese Doritos Sugar Cookie	Ham & Cheese Sandwich Pudding or Fruit Cup Cheezits Fruit Roll Up
Combo Feature (1st grade up)	Spicy Chicken Sandwich	Cheeseburger	Rib Sandwich	Cheese Pizza Square	Buffalo Wings
	26	27	28	29	30
the Classics	Chicken & Dumplings Peas Roll	Lasagna Fried Okra Garlic Bread	Philly Steak Sandwich Baked Beans Krinkle Kut Fries	Jambalaya Garlic Toast Peas	Fried Catfish Krinkle Kut Fries Hushpuppies
Cougar Canteen PB&J available daily	Pizza Stick Fruit Cool Ranch Doritos Teddy Grahams	Hot Dog Fruit BBQ Chips Chocolate Chip Crème Pie	Pizza Stick Pudding Cool Ranch Doritos Teddy Grahams	Pizza Stick Pudding Chili Cheese Corn Chips Fruit Roll Up	Turkey & Cheese Sandwich Pudding Cool Ranch Doritos Animal Cookies
Combo Feature (1st grade up)	Spicy Chicken Sandwich	Chicken Nuggets	Spicy Chicken Sandwich	Hamburger	Chicken BLT

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A La Carte				Priced Individually