



Cougar Café

Break and Lunch Menu

August 2019

	Monday	Tuesday	Wednesday 7	Thursday 8	Friday 9
Break			Breakfast Burrito Hashbrowns	Nachos Ham & Cheese Puff	Sausage Biscuit Cinnamon Roll
<i>the—</i> Classics			Hamburger Steak Mashed Potatoes English Peas	Chicken Crisritos Mexican Rice Corn	Little Ceasar's Pizza Salad
 PB&J available daily			Breaded Chicken Sandwich Fruit Nacho Cheese Doritos Oatmeal Crème Pie	Hamburger Fruit BBQ Chips Fudge Round	Ham & Cheese Sandwich Fruit or Pudding Cup Goldfish Fruit Roll Up
Combo Feature (1st grade up)			Cheese Pizza Square	Chicken Nuggets	Buffalo Wings
GRILLE ETC			Breaded Chicken Sandwich Meatball Sub Giant Pretzel Chips	Corn Dog Pizza Stick Chicken Salad Crossaint Crinkle Cut Fries	Fish Sandwich Smoked Sausage Dog Chipotle Chicken Wrap Krinkle Kut Fries
	12	13	14	15	16
Break	Ham Biscuit Cinnamon Roll	Nachos Funnel Cake Fries	Cheesy Grits Breakfast Burrito	Nachos Cheese Sticks	Ham & Cheese Puff Cinnamon Roll
<i>the—</i> Classics	Red Beans & Rice Corn on the cob Garlic Bread	Chicken Tenders Cheesy Potatoes Green Beans	Beef Tips w/Rice & Gravy Fried Squash Roll	Chicken Spaghetti Corn Nuggets Garlic Bread	Hamburger Seasoned Fries
 PB&J available daily	Corn Dog Fruit Cheetos Fudge Cookie w/Cream	Grilled Chicken Sandwich Fruit Cheddar Goldfish Mini Rice Krispy	Ham & Cheese Wrap Pudding Lays Original Teddy Grahams	Fish Sandwich Fruit Cheetos Fudge Cookie w/Cream	Turkey & Cheese Sandwich Pudding or Fruit Cup Cool Ranch Doritos Fruit Roll Up
Combo Feature (1st grade up)	Chicken Nuggets	Cheeseburger	Chicken Tenders	Philly CheeseSteak	Hot Dog
GRILLE ETC Deli selection Potato du jour	Fried Ravioli Pizza Stick Chicken Salad Croissant Chips	Grilled Chicken Sandwich Corn Dog Turkey Bacon Ranch Sub Chips	Mozzarella Sticks Pizza Stick Ham & Cheese Sub Seasoned Fries	Pizza Stick Spicy Chicken Sandwich Turkey & Bacon Wrap Chips	Corn Dog Chili Cheese Nachos Uncrustables PBJ Chips

	Monday 19	Tuesday 20	Wednesday 21	Thursday 22	Friday 23
Break	Cheesy Grits & Sausage Breakfast Burrito	Nachos Ham & Cheese Puff	Sausage Biscuit Cinnamon Rolls	Nachos French Toast Sticks	Ham & Cheese Croissant Hashbrowns
<i>the</i> Classics	Chicken Taco Mexican Rice Refried Beans	Pot Roast Potatos/Carrots Roll	Chicken Fries Mac & Cheese Lima Beans	Taco Salad Corn	Little Ceasar's Pizza Tossed Salad
 PB&J available daily	Pizza Stick Fruit Lays Original Teddy Grahams	Grilled Chicken Sandwich Fruit Golfish Oreo Cookies	Corn Dog Pudding Sour Cream & Onion Nutty Buddy	Breaded Chicken Sandwich Fruit Nacho Cheese Doritos Sugar Cookie	Ham & Cheese Sandwich Pudding or Fruit Cup Cheezits Fruit Roll Up
Combo Feature (1st grade up)	Spicy Chicken Sandwich	Cheeseburger	Rib Sandwich	Cheese Pizza Square	Buffalo Wings
GRILLE ETC Deli selection Potato du jour	Pizza Stick Pork Egg Roll Ham & Cheese Sub Seasoned Fries	Grilled Chicken Sandwich Mozzarella Sticks Turkey Bacon Ranch Sub Chips	Hamburger Corn Dog Ham & Cheese Wrap Curly Fries	Breaded Chicken Sandwich Meatball Sub Turkey BLT Chips	Fish Sandwich Smoked Sausage Dog Chipotle Chicken Wrap Krinkle Kut Fries
	26	27	28	29	30
Break	Bisuit & Gravy Breakfast Burrito	Nachos Pancake On A Stick	Ham & Cheese Puff Cinnamon Roll	Nachos Cheese Sticks	
<i>the</i> Classics	Chicken & Dumplings Peas Roll	Lasagna Fried Okra Garlic Bread	Philly Steak Sandwich Baked Beans Krinkle Kut Fries	Jambalaya Garlic Toast Peas	Fried Catfish Krinkle Kut Fries Hushpuppies
 PB&J available daily	Pizza Stick Fruit Cool Ranch Doritos Teddy Grahams	Hot Dog Fruit BBQ Chips Chocolate Chip Crème Pie	Pizza Stick Pudding Cool Ranch Doritos Teddy Grahams	Pizza Stick Pudding Chili Cheese Corn Chips Fruit Roll Up	Turkey & Cheese Sandwich Pudding Cool Ranch Doritos Animal Cookies
Combo Feature (1st grade up)	Spicy Chicken Sandwich	Chicken Nuggets	Spicy Chicken Sandwich	Hamburger	Chicken BLT
GRILLE ETC Deli selection Potato du jour	Pork Egg Roll Pizza Stick Ham & Cheese Sub Tator Tots	Fried Ravioli Pizza Stick Chicken Salad Croissant Chips	Egg Roll Pizza Stick Crawfish Pie Krinkle Kut Fries	Turkey Cheese Wrap Egg Roll Pizza Stick Chips	Pizza Stick Chili Cheese Nachos Uncrustables PBJ Chips

Everyday Options

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water.
Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée
Pre-prepared tossed salad with diced ham, shedded Cheese, Grape Tomato & croutons. Ranch Dressing. Grades 1-3
Salad Bar and Baked Potato - Grades 4th and up please.

Pricing

	Kindergarten	1st-6th	7th-12th	INCLUDES:
Hot Lunch	\$4.25	\$4.75	\$4.75	Classic Entrée, 2 Sides and Drink
Grille Feature		\$4.75	\$4.75	Grille Combo Feature: Entrée, Potato du jour (or chips) Drink
Lunch Bucket	\$4.25	\$4.75	-	Entrée, Chip, Fruit, Snack & Drink
A La Carte				Grille Etc. Priced Individually