

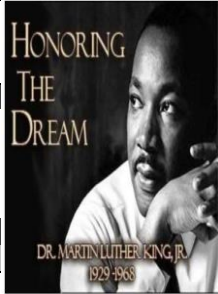




# Cougar Café

## Break and Lunch Menu

# JANUARY 2022

|  | Monday<br>3   | Tuesday<br>4  | Wednesday<br>5   | Thursday<br>6  | Friday<br>7   |
|--|---|---|--|--|---|
| Break  | Breakfast Pizza<br>French Toast                             | Nachos<br>Cheese Sticks   | Chicken Biscuits<br>Cinnamon Rolls   | Nachos<br>Funnel Cake Fries  | Ham & Cheese Croissant<br>Pancakes                              |
| <i>the</i><br><b>Classics</b>                                | Country Fried Steak<br>Mashed Potatoes<br>Creamed Corn      | P-5/Chef's Special<br>Chicken, Rice & Cheese  | Chicken Tenders<br>Macaroni & Cheese   | Hamburger Steak<br>Rice/Gravy<br>Corn Nuggets                      | Little Caesars Pizza<br>Chips                                   |
| <br>PB&J available daily                                     | Corndog<br>Fruit<br>Doritos<br>Oreos                        | Pizza Stick<br>Fruit<br>Chips<br>Cookie/Dessert                                     | Hamburger<br>Fruit<br>Chips<br>Cookie/Dessert                                | Hot Dog<br>Fruit<br>Chips<br>Cookie/Dessert                        | Ham & Cheese Sandwich<br>Fruit<br>Chips<br>Cookie/Dessert       |
| <b>Combo Feature</b> (1st grade up)                          | Chicken Nuggets   | Corndog   | Cheese Pizza   | Pizza Stick  | Hot Dog   |
| <b>GRILLE</b><br><b>ETC</b>                                  | Crispitos w/cheese<br>Meatball Sub<br>Onion Straws<br>Chips | Mini Tacos<br>Ham & Cheese Sub<br>Potato Skins<br>Fries                             | Cowboy Corn Nuggets<br>Turkey BLT<br>Mini Corndogs<br>Spicy Fries            | Mini Tacos<br>Chicken Chipotle Wrap<br>Fried Dill Pickles<br>Chips | BBQ Wings<br>Pretzel<br>Mini Meat Pie<br>Chips                  |
|  |   |   |  |  |   |
|  | <b>10</b>   | <b>11</b>   | <b>12</b>  | <b>13</b>  | <b>14</b>   |
| Break  | Ham & Cheese Puff<br>Breakfast Pizza                        | Nachos<br>Donut Holes   | Biscuits & Gravy<br>Cinnamon Rolls   | Nachos<br>Cheese Sticks  | Cheesy Grits & Sausage<br>Hashbrowns                            |
| <i>the</i><br><b>Classics</b>                                | Chicken Spaghetti<br>Fried Squash<br>Garlic Bread           | Crispitos<br>Spanish Rice   | Popcorn Chicken<br>Cheesy Mashed Potatoes<br>Lima Beans                      | Beef Tips<br>Rice/Gravy<br>Corn Nuggets                            | Popcorn Shrimp<br>Fries<br>Hushpuppies                          |
| <br>PB&J available daily                                     | Ham & Cheese Wrap<br>Fruit<br>Cheetos<br>Moonpie            | Grilled Chicken Sandwich<br>Fruit<br>Chips<br>Cookie/Dessert                        | Fish Sandwich<br>Fruit<br>Chips<br>Cookie/Dessert                            | Corn Dog<br>Fruit<br>Chips<br>Cookie/Dessert                       | Turkey & Cheese Sandwich<br>Fruit<br>Chips<br>Cookie/Dessert    |
| <b>Combo Feature</b> (1st grade up)                          | Chicken Sandwich  | Cheeseburger  | Hot Dog  | Chicken Nuggets  | Cheese Pizza  |
| <b>GRILLE</b><br><b>ETC</b> Deli selection<br>Potato du jour | Onion Rings<br>Beef Burrito<br>Ham & Cheese Sub<br>Chips    | Fried Cheese Planks<br>Grilled Chicken Skewer<br>Pulled Pork Sandwich<br>Tator Tots | Onion Rings<br>Cowboy Corn Nuggets<br>Turkey/Bacon/Ranch Wrap<br>Spicy Fries | Burger Sliders<br>Cheddar Poppers<br>Meatball Sub<br>Chips         | Chipotle Chicken Wrap<br>BBQ Wings<br>Uncrustables PBJ<br>Chips |

|   | Monday<br>17  | Tuesday<br>18  | Wednesday<br>19  | Thursday<br>20   | Friday<br>21  |
|---|---|--|--|--|---|
| Break   | NO SCHOOL   | Nachos<br>French Toast Sticks  | Sausage Biscuit<br>Donut Holes   | Nachos<br>Cheese Sticks  | Breakfast Casserole<br>Funnel Cake Fries  |
| <i>the Classics</i>   |  | Beef Fajitas<br>Spanish Rice/Cheese  | Chicken Nuggets<br>Hashbrown Casserole<br>Green Beans                                    | Lasagna<br>Fried Okra<br>Garlic Bread  | Little Caesars Pizza<br>Chips   |
| <br>PB&J available daily |   | Corn Dog<br>Fruit<br>Chips<br>Cookie/Dessert                               | Hamburger<br>Fruit<br>Chips<br>Cookie/Dessert  | Pizza Stick<br>Fruit<br>Chips<br>Cookie/Dessert  | Ham & Cheese Sandwich<br>Fruit<br>Chips<br>Cookie/Dessert                       |
| <b>Combo Feature</b> (1st grade up)<br><b>GRILLE ETC</b> Deli selection<br>Potato du jour                 |   | <b>MARTIN LUTHER KING HOLIDAY</b>  | Chicken Strips<br>Crispitos<br>Fried Pickles<br>Potato Skins<br>Chips                    | Cheese Pizza<br>Cowboy Corn Nuggets<br>Pretzel<br>Mini Corndogs<br>Fries                   | Hamburger<br>Cheese Planks<br>Fried Ravioli<br>Chicken Salad Croissant<br>Chips |
|   | 24  | 25   | 26   | 27   | 28  |
| Break   | Breakfast Bagel<br>Cinnamon Rolls   | Nachos<br>Cheese Sticks  | Ham & Cheese Croissant<br>Breakfast Pizza  | Nachos<br>Pancakes   | Cheesy Grits & Sausage<br>Cheese Toast  |
| <i>the Classics</i>   | Poppyseed Chicken<br>Crack Green Beans<br>Roll                                    | Chicken Tacos<br>Mexican Rice/Cheese                                       | Chicken Tenders<br>Cheesy Mashed Potatoes<br>Lima Beans                                  | Jambalaya<br>Broccoli w/Cheese   | Hamburger<br>Loaded Cheese Fries  |
| <br>PB&J available daily | Corndog<br>Fruit<br>Chips<br>Cookie/Dessert                                       | Ham & Cheese Wrap<br>Fruit<br>Chips<br>Cookie/Dessert                      | Fish Sandwich<br>Fruit<br>Chips<br>Cookie/Dessert  | Hot Dog<br>Fruit<br>Chips<br>Cookie/Dessert  | Turkey & Cheese Sandwich<br>Fruit<br>Chips<br>Cookie/Dessert                    |
| <b>Combo Feature</b> (1st grade up)<br><b>GRILLE ETC</b> Deli selection<br>Potato du jour                 | Chicken Nuggets<br>Meatball Sub<br>Onion Straws<br>Mini Tacos<br>Chips            | Hamburger<br>Popcorn Shrimp<br>Turkey Bacon Ranch<br>Potato Skins<br>Chips | Cheese Pizza<br>Cowboy Corn Nuggets<br>Ham & Cheese PoBoy<br>Fried Dill Pickles<br>Fries | Spicy Chicken Sandwich<br>Cheddar Poppers<br>Cheese Curds<br>Pulled Pork Sandwich<br>Fries | Corn Dog<br>BBQ Wings<br>Chipotle Chicken Wrap<br>PB&J<br>Chips                 |

**Everyday Options**

Classic meals and Cougar Canteen selections come with choice of juice, milk or bottled water. Smucker's Uncrustable Peanut Butter and Jelly sandwich as a substitute for Cougar Canteen entrée. Pre-prepared tossed salad with baon bits, shredded Cheese, & croutons. Ranch Dressing. Grades 1-3. Salad Bar and Baked Potato - Grades 4th and up please.

| Pricing        |              |         |          |  |
|----------------|--------------|---------|----------|--|
|                | Kindergarten | 1st-6th | 7th-12th | INCLUDES:                                |
| Hot Lunch      | \$4.50       | \$5.00  | \$5.00   | Classic Entrée, 2 Sides and Drink        |
| Grille Feature |              | \$5.00  | \$5.00   | Grille Comb: Entrée, Potato/Chip w/Drink |
| Lunch Bucket   | \$4.50       | \$5.00  | -        | Entrée, Chip, Fruit, Snack & Drink       |
| A La Carte     |              |         |          | Grille Etc. Priced Individually          |